



# REIS MARTIAL ARTS ACADEMY



## WICSONSIN RAPIDS – SCHEDULE

Effective 6/1/18

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### MONDAY

12:00 – 1:00 Open (All ages and belts)  
4:00 – 4:30 Kinder-Kickers  
4:30 – 5:15 Kids only  
5:15 – 6:00 White/Yellow/Green  
6:00 – 6:45 Blue and Above  
6:45 – 7:15 Weapons

### TUESDAY

4:00 – 4:30 Kinder-Kickers  
4:30 – 5:15 Kids  
5:15 – 6:00 Open (All ages and belts)  
6:00 – 6:45 Adults

### WEDNESDAY

12:00 – 1:00 Open (All ages and belts)  
4:00 – 4:45 Kids  
4:45 – 5:30 White/Yellow/Green  
5:30 – 6:00 Tricks  
6:00 – 6:45 Blue and Above  
6:45 – 7:15 Weapons

### FRIDAY

4:00 – 4:30 Kinder-Kickers  
4:30 – 5:15 Kids  
5:15 – 6:00 Open (All ages and belts)  
6:00 – 6:45 Sparring (All ages and belts)  
6:45 – 7:15 Weapons

### SATURDAY

9:30 – 10:00 Self-Defense with Mr. Tiggerus  
10:00 – 10:30 Kinder-kickers  
10:30 – 11:15 White/Yellow/Green  
11:15 – 12:00 Blue and Above