



REIS MARTIAL ARTS ACADEMY



WICSONSIN RAPIDS –SCHEDULE

Effective 2/4/19

Monday

4:15 – 4:45 Tiny Tigers (3-7 years)
4:45 – 5:30 White / Yellow (All programs)
5:30 – 6:15 Green / Blue / Red (All programs)
6:15 – 7:00 Brown / Black (All programs)
7:00 – 7:45 Instructors Class/Leadership (BBC/MC)

Tuesday

4:30 – 5:15 White / Yellow / Green (All programs)
5:15 – 5:45 Competitive Forms Class (BBC/MC)
5:45 – 6:30 Blue / Red / Brown / Black (All programs)
6:30 – 7:00 Competitive Sparring Class / Self Defense (BBC/MC)
7:00 – 7:45 Adults Only (14+) (All programs)

Wednesday

4:15 – 4:45 Tiny Tigers (3-7 years)
4:45 – 5:30 All Belts (Basic Program Only)
5:30 – 6:00 Tricks (BBC/MC)
6:00 – 6:30 Weapons (BBC)
6:30 – 7:15 Adults Only (14+) (All programs)

Thursday

Closed

Friday

5:00 – 5:30 Tiny Tigers (3-7 years)
5:30 – 6:15 All Belts (Basic Program Only)
6:15 – 6:45 Demo Team (BBC/MC)
6:45 – 7:15 Weapons (BBC/MC)
7:15 – 8:00 Adults Only (14+) (All programs)

Saturday

9:30 – 10:00 Self-Defense with Mr. Tiggerus (All Programs)
9:30 – 10:15 All Belts (Basic Program Only)
10:15 – 11:00 All Belts (BBC/MC)
11:00 – 11:30 Sparring (BBC/MC)
11:30 – 12:15 Adults Class (All programs)



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****UNIFORM STANDARDS****

- *All students must wear full student uniform to classes now through June 1st
- *Reis Martial Arts T-Shirts are ok during Tricks/Weapons classes
- *BBC/MC students may wear white or blue uniforms
- *Black Belts may wear a black uniform
- *Assistant Instructors wear red uniforms while teaching