



REIS MARTIAL ARTS ACADEMY



WICSONSIN RAPIDS –SCHEDULE

Effective 9/3/19

Monday

3:00 – 4:00	Private Lessons (Be Appointment Only)
4:00 – 4:30	Tiny Tigers (3-6 years)
4:30 – 5:15	White / Yellow (All programs)
5:15 – 6:00	Green / Blue (All programs)
6:00 – 6:45	Red / Brown / Black (All programs)
6:45 – 7:15	Instructors Only

Tuesday

3:00 – 4:00	Private Lessons (By Appointment Only)
4:00 – 4:45	White / Yellow (All programs)
4:45 – 5:30	Green / Blue (All programs)
5:30 – 6:15	Red / Brown / Black (All programs)
6:15 – 6:45	Competitive Sparring (BBC)
6:45 – 7:30	Adults Only (14+) (All programs)

Wednesday

3:00 – 4:00	Private Lessons (By Appointment Only)
4:15 – 4:45	Tiny Tigers (3-6 years)
4:45 – 5:30	All Belts (Basic Program Only)
5:30 – 6:00	Tricks (BBC Only)
6:00 – 6:30	Open Weapons (BBC Only)
6:30 – 7:15	All Belts (BBC Only)

Thursday

3:00 – 4:00	Private Lessons (By Appointment Only)
4:00 – 4:30	Kubudo - Bo Staff (BBC Only)
4:30 – 5:00	Competitive Forms (BBC Only)
5:00 – 5:30	Grappling/Self Defense (BBC Only)

Friday

4:00 – 5:00	Private Lessons (By Appointment Only)
5:00 – 5:30	Tiny Tigers (3-6 years)
5:30 – 6:00	Demo Team (BBC)
6:00 – 6:45	All Belts (Basic Program Only)
6:45 – 7:15	Kubudo - Bo Staff (BBC Only)



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Saturday

- 9:30 – 10:15 All Belts (Basic Program Only)
- 10:15 – 10:45 Competitive Sparring (BBC)
- 10:45 – 11:15 Kubudo - Sais (BBC Only)
- 11:15 – 12:00 Adults Only (All Programs)

****UNIFORM STANDARDS****

- *Full uniforms are required for all regular classes beginning September 3rd
- *Reis Martial Arts T-Shirts may be worn during Weapons, Sparring, and Tricks classes
- *BBC students may wear white or blue uniforms
- *Black Belts may wear a black uniform or mismatch colors for tops and bottoms
- *Assistant Instructors **must** wear red/black uniforms while teaching