



REIS MARTIAL ARTS ACADEMY



4rd Annual WOMEN SELF DEFENSE COURSE

Sunday, June 7th

1:00 PM to 3:00 PM

W6462 Bridge Rd, Withee, WI 54498

This class is dedicated to the idea that every woman should have access to women's self defense training. We hope to help protect women everywhere by offering this training in a positive and empowering setting. Women should not have to walk in fear.

Our easy to learn techniques are quick and effective. There are no complex combinations, just quick and effective training in a controlled, non threatening environment.

Students will learn how to avoid potential danger, how to break free, when to run, when to engage, and what to do when you cannot run in order to escape.

The cost is \$40.00 in advanced.
\$45.00 at the door.

Call to reserve your spot.
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